

INSIDE THIS EDITION

Securing our reputation as leaders in MSK imaging

Brand new MRI scanner

Graduation 2013

Alumni reunion 2013

AEECC alumni
achievements



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 /aeccga

 @TheAECC

Welcome to the Winter 2013 edition of AECC News.

We have some exciting news to share in this edition of the AECC newsletter. I am delighted to confirm the purchase of a brand new open and upright magnetic resonance imaging (MRI) scanner. This comes after nearly two years of careful deliberation and the scanner will be housed in a purpose built one-story extension to our clinic on campus. Not only will this greatly improve our existing clinical imaging capabilities in the form of digital X-ray, OSMIA and diagnostic ultrasound services, but it will also significantly advance our possibilities in the field of musculoskeletal education, research and clinical training.

The work currently undertaken for the application for Taught Degree Awarding Powers (TDAP) represents another major strategic objective of the College, albeit a very challenging one. All of AECC's staff and students have so far been of great support. We were also thrilled to recently receive news that Ken Vall, former AECC Principal, was awarded an honorary doctorate at Bournemouth University's graduation ceremony, for his life-time dedication towards the education, training of chiropractors, and the advancement of the profession.

I hope you will enjoy reading about the news and achievements shared with us by our alumni, with some of them working as 'pioneers' as far away as Uganda, establishing chiropractic as a profession there, and in Columbia, treating world class athletes at the second largest sports event in the world – The World Games.

I would also like to take this opportunity to thank everyone involved in our 45th Graduation Ceremony, held in November. As always, it was a very enjoyable and successful event. I was extremely pleased to see our largest ever graduating year receiving their awards, with an impressive total of 140 students graduating from the MChiro programme and close to 60 postgraduate students obtaining awards ranging from Postgraduate Certificates to Masters Degrees. Our invited graduation speaker Professor David Cassidy, world-renowned chiropractic researcher and epidemiologist at the University of Toronto, and Globalisation Professor at the University of Southern Denmark, delivered a powerful and thought provoking address. This was followed with an insightful and emotive message from the student valedictorian Kari Ødegård Hommedal. We are all very proud of the achievements of our students, and wish them the very best for their future careers.

I hope you will enjoy the newest edition of AECC News, and please do not forget to keep in touch with us – we always love to hear from you.

PROFESSOR HAYMO THIEL
PRINCIPAL
DECEMBER 2013



OPEN AND UPRIGHT MRI

AECC TO BUY NEW OPEN AND UPRIGHT MRI SCANNER

After two years of careful deliberation and Board of Governors' approval, the College has completed negotiations and formally ordered a brand new open and upright magnetic resonance imaging (MRI) scanner to be housed in a purpose built one-story extension to the clinic building. The scanner is a Paramed 0.5T open magnet, which will allow scans to be obtained both standing up and lying down. Owing to this scanner's advanced computing systems, it will be able to obtain MRI sequences capable of displaying all of the major musculoskeletal pathologies. It will also enable referrers to investigate, for example, the effect of weight bearing postures on such pathologies as disc protrusions and spinal stenosis.

The scanner will be operated by a specialist MRI radiographer and scans will be available on referral from registered health professionals, both NHS and private. They will be read and reported by consultant radiologists. Special scans may also be carried out for local research groups and collaborators in AECC's research programmes. MRI and Objective Spinal Motion Imaging Assessment (OSMIA) may also be linked to provide objective diagnostic information about spine instability and its soft tissue effects.

Professor Alan Breen, who led the Procurement Group said: "This technology puts AECC and chiropractic in the UK firmly in the advanced spine diagnostics arena. This scanner will be a focus for service to patients and the community, enhanced education for students, CPD for graduates, and research opportunities for academics. It will be the only open, upright scanner in the South Coast of England and its purchase is very timely. Thank you to all who were involved in the considerable amount of research and planning that led to this moment."

“ ”

This purchase firmly places the AECC at the forefront of MSK imaging...and secures our reputation as leaders in the field of MSK education, research and clinical training.

Haymo Thiel

Below and opposite page: The Open Upright MRI scanner in use



AECC Principal Haymo Thiel commented: “I am delighted to confirm the purchase of an open, upright MRI scanner. This scanner is very unique as it will be one of only five in the country and it provides an alternative to the traditional tunnel experience; which is challenging for many patients and can be restrictive for MSK clinicians. Furthermore, our students will benefit from the additional and unique learning opportunities that the MRI scanner will present. Finally, we will be providing a needed clinical service to the healthcare community and patients in the South Coast of England, offering an imaging service for patients who suffer from claustrophobia or anxiety, are bariatric or who need a weight-bearing scan. This is an exciting time for the AECC.”



Keep checking the website for more information:
aecc.ac.uk/news
or follow us on social media:
Facebook: /aeccga
Twitter: @TheAECC



Above: A plan of the AECC Clinic including the new MRI extension

BECOMING A UNIVERSITY COLLEGE - AN UPDATE FROM PROFESSOR JENNI BOLTON, VICE PRINCIPAL

Gaining TDAP (Taught Degree Awarding Powers) is a strategic objective of the College, and in July 2013 the Board of Governors and Academic Board agreed that the AECC should proceed with an application.

Every higher education degree in the UK must be awarded by a legally approved institution (most commonly a university) that has the responsibility for ensuring the standards and quality of the qualification that it gives. The AECC is a private institution, which although self-governing and independent, must rely on a validating partner (for most AECC programmes this is Bournemouth University) to assure the standards and quality of its awards.

Once granted TDAP, the institution not only has the right to validate its own degrees, but also to be called a 'university' or 'university college' depending on the number of students it has. In our case, if we are successful in achieving TDAP, we will be able to incorporate 'university college' into our title.

The process of applying for TDAP is a rather lengthy and involved one. Once granted, TDAP cannot be easily taken away so it is important that the process is robust, and there can be public confidence in the institution.

The process begins with an institution conducting a self-evaluation, and demonstrating that it can meet the stringent criteria set out by the government's Department for Business, Innovation and Skills (BIS). The AECC started on the application this summer by setting up a 'TDAP Team', headed by the Principal, to oversee the process and ensure that it was appropriately resourced and kept on track. Now, in November, we have completed the first draft of our critical self-analysis (CSA), which amounts to an 80+ page document with over 400 pieces of supporting evidence! Once the CSA is finalised, planned for March 2014, we will submit it to the Privy Council.

From here the application will find its way to the Quality Assurance Agency (QAA) and an Advisory Committee, which will consider the application.

If approved, the QAA will conduct a detailed scrutiny of the AECC, which consists of visits by a scrutiny panel to the College on and off over a 12 month period to interview staff and students, sit in on committee and management meetings, and the Board of Governors. All of this culminates with a report from the scrutiny panel back to the Advisory Committee, to QAA, to BIS and finally to the Privy Council. The process takes time and even if all goes to plan we are



not expecting a decision on our application until 2016.

Why is the AECC doing this?

The higher education sector in England is a rapidly moving one, and increasingly small independent institutions like us are applying for TDAP. In fact, the government is encouraging it, and it may help us in the future by enabling us to secure our own funded student places without having to go through Bournemouth University.

Gaining TDAP is also crucial in confirming our place in higher education as a recognised provider of high quality education and clinical training; gaining independence from university partners and last but not least, applying for the 'university college' title as an index of the quality and status of AECC.

This application for TDAP is an exciting, if challenging one. It will stretch the institution as never before in being critical about what it does, and providing evidence of what it is. I am sure the whole institution, staff and students, as well as our alumni and the profession at large, will get behind the AECC and support this application. Succeeding in achieving TDAP will be yet another milestone in the College's history, and pivotal for its future.

- Jenni Bolton, Vice-Principal
Postgraduate Studies and Research

Below: AECC students celebrating their academic achievement



GRADUATION



WE CELEBRATE THE CLASS OF 2013

The College's 45th Graduation Ceremony took place on Friday 22nd November at 1:30pm at the Pavilion Theatre, Bournemouth.

An impressive total of 140 students graduated from the MChiro programme, the highest amount since the College's first graduation event back in 1969. Close to 60 postgraduate students obtained awards ranging from Postgraduate Certificates to Masters degrees.

Following an address of welcome from Adrian Wild, Chairman of the Board of Governors, Principal Haymo Thiel gave his annual report to open the prestigious ceremony. It was then time to present the awards after which all chiropractic graduates swore the Chiropractor's Oath and participated in the age-old tradition of 'tassel changing', as instructed by Dr Neil Osborne, Director of Clinic.

The Graduation Address was given by Professor David Cassidy, chiropractor and internationally renowned epidemiologist at the University of Toronto, Canada, and Globalisation Professor at the Institute of Sport Science and Clinical Biomechanics at the University of Southern Denmark.

After Professor Cassidy's emotive address it was time for the presentation of student prizes, announced by Dr Hugh Hurst. A list of awarded prizes can be found below.

The ceremony concluded with another rousing speech from Kari Ødegård Hommedal, the Valedictorian for 2013, who spoke on behalf of the graduating class.

SPECIAL AWARDS 2012/2013

Congratulations to the following graduates, who received these special awards:

THE ARTHUR SCOFIELD MEMORIAL AWARD

Sabrina Gilles

OUTSTANDING ACADEMIC STUDENT

Federico Tiso

BEST PROJECT

Hans Kristian Slinning Kornes

COLLEGE OF CHIROPRACTORS PROJECT AWARD

Katharine Hannah Scorer

BEST ALL-ROUND STUDENT

Hazel Catherine Wagg

FLAVO GRILLO PRIZE FOR BEST CLINICAL PROFICIENCY PERFORMANCE

Federico Tiso

REHABILITATION AWARD

Dino Buosciolo

OUTSTANDING ACADEMIC STUDENT AWARD - MASTER OF CHIROPRACTIC

Kari Ødegård Hommedal

COMMUNITY OUTREACH EDUCATION AWARD

Edward Paul O'Gorman

GRAHAM HEALE AWARD

Karl Vincent

GRADUATION



Top: Kari Ødegård Hommedal speaking on behalf of the graduating class

We spoke to some of our graduates to find out what they have been doing since leaving the AECC four months ago.



NAME: Dr Julian Portelli

PROGRAMME: MSc Ultrasound General/ Gynaecology

“I’m a GP on the island of Malta. I started the MSc in Ultrasound three years ago with a group of Maltese doctors. It has been very useful and has enhanced my practise to help me to help my patients better with ultrasound. It has allowed me to build up additional skills and I’m very happy to be here today at the graduation ceremony.”



NAME: Federico Tiso

PROGRAMME: MChiro

**AWARDS: Outstanding Academic Student
Flavio Grillo Prize for Best Clinical Proficiency Performance**

“At the moment I’m working in Oadova, North East of Italy. I’ve started my own practice because times are not great in Italy for getting an associate position. Despite being new, things are going well and at the moment I’m working in two multidisciplinary clinics. I believe that chiropractic and multi-professional care are a good combination. I’m very proud of what we did at the AECC and felt very prepared to start a business from day one.”

NAME: Katie Scorer

PROGRAMME: MChiro

“I’m now working in Newark on Trent, Nottinghamshire, a town very near to where I grew up. I’m working as an associate for a South African chiropractor. It’s really fun, I love all the patients and I feel that the AECC has really helped me. A couple of weeks ago I had a patient who I diagnosed with lymphoma and I felt that my AECC education really helped me with that. It’s a brilliant job and I definitely wouldn’t change it for the world even though I’m only a couple of months in. I can already see what I can do with my career, long term, like running my own clinic eventually.”



NAME: Dr Amara Sohail

PROGRAMME: MSc Ultrasound Obstetrics/ Gynaecology

“I’m a medical doctor and I have just completed the MSc Ultrasound course from the AECC in Bournemouth. I have really enjoyed the course and I have found the course organisation really helpful and supportive throughout. It wouldn’t have been possible without the course staff’s on-going support and help and I’m very grateful to them for that.”

NAME: Dayne Ferrar

PROGRAMME: MChiro

“I’m working 20 minutes north of Amsterdam in a practice with four chiropractors. We use a technique called Sacro Occipital Technique and we work with babies all the way through to 80 year olds. We work to about 15 minutes for an appointment and it’s been fantastic. I get to travel about 20 minutes on the train from Amsterdam to where the practice is and I go through the countryside which is really beautiful. You can gather your thoughts and prepare for the day. It’s been fantastic, I’m adjusting about 50-60 patients a week at the moment so it’s been really busy. College was great for setting a foundation for what we needed to do, but it’s been really great to move to another country and learn another language and experience life to the full. I’m really thankful that the education I received was to a high level, but also that it gave me the foundation to do bigger and greater things and really care for people’s health. It’s just been fantastic, I love my job, I love life and I’m really happy.”



COLLEGE NEWS

DR KENNETH VALL AWARDED HONORARY DOCTORATE

You may remember Ken Vall best as Principal of the AECC, or perhaps through one of his other roles serving the college as a consultant, lecturer, vice-principal, Board member and Chairman of the Board. During his principalship, the AECC consolidated its position as one of Europe's foremost chiropractic educational institutions.

On Wednesday 6th November at Bournemouth University's graduation ceremony, Ken received an honorary doctorate degree, one of the highest possible awards to be conferred in higher education. He was in good company with Paralympic sailor Helena Lucas and television presenter Professor Alice Roberts also receiving honorary awards.

Ken's involvement with the AECC has meant that campus facilities have been greatly enhanced, particularly through the building of the AECC Clinic in 2009; one of the largest in Europe and also regarded as one of the best. After a tough battle Ken secured access to public funding for AECC students, a landmark achievement which raised the profile and status of the College across Europe. He has consistently advocated and fostered educational programmes which produce graduates who are ready to work effectively in the world of professional chiropractic and interact with other health professionals. During his time as Principal the AECC also developed stronger links with the local community, and with AFC Bournemouth.

Ken led the development of AECC's partnership with BU, and he regards the success of this collaboration as one of his greatest achievements. Through the Associate College relationship, established in 2005, Bachelors and Masters degrees are provided, and the two institutions work together in a number of research areas. The College also runs a clinic at SportBU. How very appropriate, then, that Ken Vall's professional achievements, and his contributions to higher education regionally and internationally, should be recognised and celebrated by this University where he has been known for many years as a partner, supportive friend and advocate.

On Wednesday 6th November at Bournemouth University's graduation ceremony, Ken Vall received an honorary doctorate degree, one of the highest possible awards to be conferred in higher education.



Above: Dr Ken Vall giving an address at the BU graduation ceremony

COLLEGE NEWS



Above: Jacqui Rix (4th from left) and Caitlin Hunter (3rd from left) outside a carpenter's shop which was a maternity outreach for a day

CHANGING LIVES IN UGANDA

AECC Access to HE Diploma student Caitlin Hunter and faculty member Jacqui Rix wanted to help the underprivileged and felt the ideal way to do so would be to start a charity.

The charity is for AECC staff, students and graduates to be involved in. Once the pair made contacts in Uganda it was decided - the charity would focus on three aims:

1. Fundraising for a sustainable project. The charity is targeting a small rural clinic outside Jinja, Uganda.
2. Fundraising to send orphans to school.
3. Fundraising for essential supplies that a team of volunteers will take to Uganda in the summer.

In the summer of 2013 Jacqui and Caitlin travelled to Uganda to make further contacts, and to investigate which projects would be suitable to become involved in.

During their stay the pair visited several orphanages and foster families giving donated toys and shoes from back home to the children. Jacqui recalls;

“We were moved to see some clinical cases at one of the orphanages regarding cerebral palsy and birth defects, they informed us that there were many cases like this in Uganda as there is a lack of adequately trained midwives and facilities in the area. We also spent some time with a local midwife, HIV nurse and paediatric nurse in a rural community outreach linked to a small rural clinic. We were surprised to find it set up in a carpenter's shop front for the day with paediatric vaccinations taking place under a tree outside.

“We visited two rural village clinics during our time, as there is very little government funding, the space, supplies and equipment were very limited with medicines in short supply. One of the clinics ran a

physiotherapy outreach for children on a tarpaulin under a tree once a month. This was primarily for cerebral palsy children as well as physically and mentally handicapped children.

“Throughout the trip we were overwhelmed by the general poverty we saw. Running water and electricity were privileges and in some areas non-existent.”

Jacqui and Caitlin realised that the needs of those in Uganda were great and even if the staff, students and graduates could get involved in a small way, they could make a huge difference.

Upon their return to the UK they decided to launch the charity named The Mukono Foundation, which means “done by hand” (the translation of the AECC motto) in Swahili.

The duo have recently formed a committee of AECC staff and students – Lucy Chinobva, Jane Cook, Matthew Kenna and Antony Elloitt (our Ugandan expert consultant who lives in Jinja, Uganda).

The team are working towards fundraising to send essential supplies with a team of 12 staff and students to Uganda in August next year. The trip is aimed to be beneficial for both AECC students and the communities they wish to serve while in Uganda. Their ultimate goal is to be able to help fund an existing rural clinic and create a sustainable clinic with adequate staff and supplies.

Please like the Mukono Foundation on Facebook:
www.facebook.com/themukonofoundation

If you wish to get involved, please contact us on:
mukonofoundation@gmail.com

HUMAN TISSUE AUTHORITY

The AECC uses prosecutions in its teaching of anatomy for a range of students including our own but also undergraduate physiotherapy and occupational therapy students from BU; masters students from BU studying forensic osteology and osteoarchaeology; and a range of consultant medical doctors, sonographers, postgraduate chiropractors and physiotherapists who study Medical Ultrasound programmes at the AECC.

Permission to use anatomical specimens for teaching was previously granted by Her Majesty's Inspector of Anatomy. Since 2007 the college has been licenced by the Human Tissue Authority to store and use anatomical specimens for teaching. In August we had our first inspection of the college, anatomy team and premises by the Human Tissue Authority.

The final report from the inspection team found that the



AECC and the anatomy team were suitable in accordance with the requirements of the legislation and that all HTA standards were fully met. They remarked on several areas of good practice, noting that we had good teamwork and communication, took great care to preserve our specimens, and that our students were provided with information in many places about treating all specimens with respect at all times.

THE 10TH CHIROPRACTIC, OSTEOPATHY AND PHYSIOTHERAPY CONFERENCE: NOVEMBER 9TH 2013

On the 9th of November here at the AECC the 10th annual Chiropractic, Osteopathy and Physiotherapy conference took place.

Our keynote speaker Dr Felicity Bishop from Southampton University kicked off at 9am. Felicity is a leading researcher involved in an interdisciplinary program which includes utilisation of complementary and alternative medicine and psychosocial mediators of their effectiveness.

Throughout the day 24 intrepid students and recent graduates representing eight institutions both in the UK and Europe stood up and gave presentations about their research projects, with a diversity of subjects ranging from therapeutic alliance and attachment to attitudes and views concerning osteopathic principles.

The day also included talks from several experts; Jonathan Field gave a short talk concerning the highs and lows of carrying out research while in clinical practice. He offered useful pointers and tips concerning the practicalities and hurdles to achieving success. Steve Vogel then spoke about tips for publishing research.

After debating the winners, Dave Newell presented prizes for presentations. This year, Elsevier generously donated three prizes, which were awarded as 1st and joint 2nd prizes to three presenters:

First Prize: Hannah Kasari-Martino: Osteopaths views and definitions of osteopathic principles.

Joint 2nd Prize: Catherine Feier: A European survey of



Above: Jonathan Field, Steve Vogel and Jorge Esteves discussing the prize winners

equestrians' attitudes toward equine chiropractic.

Siobhan Quirke: Trait emotional intelligence amongst BSO students

Dr Dave Newell, Head of Research at the AECC who organised the event said: "I would like to take the opportunity to thank all at the AECC who helped to make this conference possible, the AECC students who diligently directed and ushered throughout the day, the academics from attending institutions that chaired and judged sessions and our sponsors, the Royal College of Chiropractors, the Chiropractic Patients Association and Apexquick Ltd for their generous support.

"Finally a big thank you to all the students that took a day out of their weekend to stand up and talk to us about their research. This is firmly an inter-professional conference, with a diversity of institutions sending their students."

CLINIC NEWS

CHERRIES IN SAFE HANDS WITH AECC DEAL

The Anglo European College of Chiropractic will ensure that AFC Bournemouth players receive top class treatment and support after becoming the club's Official Performance, Assessment and Rehabilitation Partner.

The AECC now assist the Cherries' medical and sports science staff in providing treatment and sports rehabilitation for players of all levels across the club.

Two final year students currently work with first team physiotherapist Steve Hard both at the club and the AECC, while there are also students assigned to the development squad and youth team.

In addition, AECC provide third kit sponsorship for Cherries players Mohamed Coulibaly and Charlie Daniels.

Steve Hard, who has had a longstanding relationship with the college, said, "I have used the facilities at the college for the last five years and have found it very beneficial for all of the players, not just for the injured but also maintaining the performance of fit players.

"We use their facilities regularly for player screening to find any weaknesses and to address these."

Neil Osborne, Director of the AECC Bournemouth Clinic, added, "The partnership is a great opportunity for us to be involved with our local football club and

we are proud of the success they have achieved.

"The team have our fantastic facilities at their disposal which can be used to help keep them at the top of their game, whilst the partnership also benefits our students as it allows them the opportunity to work closely with sporting professionals.

"We see people from all walks of life in the clinic, and those that play sport for a living require treatment programmes tailored somewhat differently to others that are less active. This variety is great experience for the students.

"AFC Bournemouth is a fantastic addition to our current sporting links and we look forward to working with them throughout the season."

To find out more about the AECC's involvement with local sports teams, please visit:
www.aecc.ac.uk/media/releases



Above: Members of the AECC and AFC Bournemouth at The Goldands Stadium

KEEP IN TOUCH

HELP US KEEP OUR RECORDS UP TO DATE

Moved home or changed your email address?

Let us know so that we can keep you up-to-date and involved with the AECC.

Alumni can expect to receive a bi-annual newsletter as well as social event invitations throughout the year.

It's so easy to update your details, simply drop us an email to: ga@aecc.ac.uk or call us on: 01202 436 340

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It's so easy to update your details, simply drop us an email to: ga@aecc.ac.uk or call us on: 01202 436 340.



FEATURE IN THE AECC NEWSLETTER

We always love to hear from our graduates with updates on what you are up to these days. If you send us a short email (and, if possible, a high resolution photo or two) then we may also feature your story in a future newsletter.

If you would like to get in touch then email us at: ga@aecc.ac.uk

CAN YOU HELP US TO FIND YOUR FRIENDS?

We are delighted to be in touch with so many of our alumni, but our database is still missing some of your old classmates.

We are sure there are hundreds of alumni out there who would love to be in touch, so please help us spread the word and encourage any former students you are in contact with to join the Alumni Association for free. The more you spread the word, the wider our alumni network and the bigger and better we can make our events.

Contact Us:

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ALUMNI

ESTABLISHING CHIROPRACTIC IN UGANDA

The AECC have ambitious alumni working across the globe. This tale is of two alumni who have found themselves in Uganda, Africa. One returning to his home country and the other drawn there by its beauty and intrigue.

Dr Charles Sebwana, a 1995 graduate, decided to return to Uganda following his studies at the AECC to take on the challenge of establishing chiropractic in his home country. Immediately upon his return, Charles was met with the challenge of gaining formal approval to legally practise chiropractic in Uganda. This in itself took over a year, until one day Charles received a letter tentatively recognising chiropractic as a profession in Uganda and allowing him to practise; a small but significant step. Charles recollects: “My aim was to bring chiropractic to the people of Uganda and hopefully pave the way forward for the service to be integrated into the national health sector.”

Following this small triumph, Charles managed to negotiate a placement at a government hospital, Mulango, in Kampala. As he paved his way and began to build up his patient base, Charles began communications with the WFC (World Federation of Chiropractic). Communicating via letters (electronic communication was still limited in early 2000) he managed to negotiate a separate building on the hospital grounds in which he could practise, and was supported with a generous grant for this from the WFC. Three years later Charles had the means to relocate chiropractic services at the hospital to this building and to get it fully up and running.

Various graduates from the UK have come over for a period to assist, one such was Sarah Worthington, a 2002 graduate. Dr Sarah Worthington left the UK over eight years ago for warmer climes and has spent time in all corners of the African continent, both working and travelling, but always seems to find herself back in Uganda.

Sarah comments “The challenges of working in Africa are numerous; poor medical facilities, patients with little or no financial resources and lack of diagnostic equipment to name a few. I have been confronted with conditions uncommon or unheard of in chiropractic practise. All these factors make diagnosis and management more challenging. For all its problems, there is a resilience and vibrancy to life in Africa unlike anywhere else. I have learnt more from Africa than I could ever find in a book.

“Anybody that has ever spent time on the continent will understand when I say that coming to Africa feels like coming home. I now work mostly in private practice both in Kampala and in Jinja; a small town at the source of the river Nile, where I live.”

Thanks to people like Sarah and Charles chiropractic is establishing as a profession in Uganda although practitioners are still few and facilities are lacking. The formation of an African Chiropractic Federation has helped to keep things moving forward. The Federation’s initial aim is to increase communication in the area of chiropractic as well as negotiating with respective governments for legislation and laws.

Charles says: “The future for Chiropractic globally is in our hands.”



“ ”

My aim was to bring chiropractic to the people of Uganda and hopefully pave the way forward for the service to be integrated into the national health sector.
Charles Sebwana

Above: Charles in his treatment room
Below: A patient waiting to be seen



ALUMNI

CHIROPRACTIC AT THE WORLD GAMES

In July 2013 Cali, Columbia played host to the second largest sports event in the world - The World Games.

Over the coming days, 4,500 world class athletes would be competing for medals in 36 sports, joined by their teams which would include nutritionists, physiotherapists and not forgetting the 35 chiropractors from 13 different countries on hand to treat and support them during the competition.

Two of these chiropractors were Rainer Wieser and Thomas Jeppesen. Thomas recalls: "The Colombians treated us no differently than the athletes and on the way to the Opening Ceremony we felt like celebrities, being stopped for photo sessions with the spectators all the time."

The next day it was down to business. With the days starting at 6:15am and not ending until 10:20pm, there were some long but rewarding days ahead. On the first day Thomas was based at the Fin Swimming and Life Saving events, with treatment tables set up next to the competition pool in the medical area, meaning a steady flow of requests for treatment.

The pair spent the next ten days working in different areas: Ju Jitsu, Speed Skating, Dancing, Acrobatic Gymnastics, Trampoline and Aerobics. Athletes would present with problems ranging from suspected rib fractures to tight muscles. Thomas comments: "Working closely with the medical staff and doctors was an essential part of the experience. Sharing knowledge with the other chiropractors was invaluable. Many of the medallists had been on the chiropractic couches during the Games."

The duo found that other volunteers were often flocking around the chiropractic areas at 'siesta' times, not to use the couches for a rest, but to find out about chiropractic and to try it for themselves.

Thomas summed up the event: "It was an amazing experience from the atmosphere in the stadiums, to the volunteers, to working with amazing people from around the world. Being part of a multi-professional approach to athlete care taught me a lot; patience, new techniques and approaches and also the importance of co-operation between different health professions. Combine this with travelling to an exciting destination and meeting happy and enthusiastic volunteers, you have an experience to cherish for a life-time."



Above: Rainer treating a Ju Jitsu Athlete



Above: Speed Skating



Above: Thomas and the Chinese Aerobics Team with 1 of their 3 Gold Medals

Rainer is an MSc Advanced Professional Practice graduate; he has become the first chiropractor to be accepted onto the University of Cardiff's MSc in Sports Medicine, a fantastic achievement.

Thomas is a 1997 graduate, he has worked at several sporting events including the Beijing Olympics, he has also undertaken several post-graduate studies including various soft tissue techniques.

ALUMNI SNAPSHOT

PAUL CHEUNG

Graduated: 1990

Since graduating Paul has worked with a variety of sporting professionals including Leeds United FC and Middlesbrough FC and more recently the Redbull Racing Formula 1 team. We caught up with him after the race in India that saw Sebastian Vettel become a four-time world champion.

How has this F1 season been? It was an incredible weekend in India! Red Bull Racing gained their fourth consecutive Constructors' Title and one of our drivers, Sebastian Vettel, achieved his fourth consecutive F1 Drivers' Title. I felt proud to be part of this motorsport history, having been there with the team for seven years. It has been an incredible journey for me to have delivered chiropractic care to a Formula 1 race team around the world. From the popping of champagne corks, being sprayed with champagne, blinded by camera flashes and being pushed and shoved by media and fans in a frenzy of Double World Championship success, this is what we all worked hard for.

The training I gained counted towards my involvement with F1. Through doing the ICSSD course, making connections with experienced members of FICS and the BCSC and my personal efforts in many different sports.

As the season draws to a close, the End of Season Party will be a very good one! After that, I will go to one final event (the Race of Champions) to work with racers from all different categories of motorsport (rallying, touring cars, Le Mans Series, Indy500, MotoGP etc.) which marks the end of motor-sport for 2013.



Above: Paul Cheung with Sebastian Vettel

THOMAS LAUVSNES

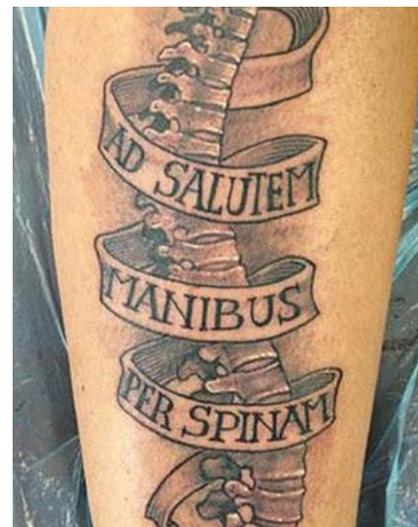
Graduated: 2001

Career highlight: I am currently on the CPD committee for the Norwegian Chiropractic Association. We strive to make seminars and courses for everyone; some weeks ago we had our annual congress "A life in movement", key speakers were Craig Liebenson, Brett Winchester and Walter Herzog. We also had downhill skier and Olympic gold medalist, Kjetil Andre Aamodt talking as well, and a F16 test-pilot who talked about how the body reacts to movement when in 9G. The presentations were a huge success and we got great feedback after the conference.

Have you attended CPD courses at the AECC: Yes, many. The art and profession of chiropractic medicine is a lifelong learning process. Of course, nothing beats clinical experience and a maturing mind-set, but times are constantly changing and the knowledge base is expanding by the hour. Reading articles and going to seminars makes you a better clinician. The more you expand your tool box, the less likely it is for any given patient's problem to be unsolvable.

What made you decide to get the AECC motto tattooed on your leg?

The thought of getting a spine tattoo on my leg appealed to me, I must have been looking at thousands of spine tattoos in magazines and online. Getting the AECC motto tattooed on there as well has its reasons. Firstly it is the motto of my alma mater, the institution that provided me with the gift and ability to work as a chiropractor. Secondly it's meaning, "To health with the help of hands through the spine" How cool is that? Plain awesomeness in my opinion.



Above: Thomas and his tattoo

SAVE THE DATE

ALUMNI REUNION

We'd like to say a big thank you to all of you who attended our Alumni Reunion 2013. This year's reunion saw graduates re-live old memories around the campus and provided a perfect opportunity for them to see how the college has changed since they left. A day of reminiscing was followed by a night of partying at the Bournemouth Marriott Hotel where our alumni enjoyed good food and even better company until the small hours of the morning.



Save the date

We are pleased to announce that the date for the 2014 Alumni Reunion is **Saturday October 4th, 2014**, venue to be confirmed. Everyone is welcome but if you graduated in 1989, 1994 or 2004 then it's a special landmark for you and we'd love to see you there.

If you haven't already joined the event via Facebook, please sign up at: www.facebook.com/aeccga and look out for further details. Or email us at: alumni@aecc.ac.uk for more details.



SPEED MEET

We are also delighted to confirm the next Speed Meet date as Saturday 22nd March, 2014.

For those that are new to the concept of the speed meet, the event which lasts for most of the day is designed as an opportunity for chiropractors with vacancies to meet potential candidates eager to fill those positions. The idea is that candidates have five minutes for a top line chat to discuss their skill set with each interviewer. At the end of each slot, a whistle will sound telling students they need to move on to the interviewer in the next room in a 'round robin' arrangement.

Peter Townsend from Kenilworth Chiropractic said: "Being able to see so many candidates in a structured manner allowed us just enough time with each person to decide who we would like to see again for a full interview."

For many the event also resulted in positions being filled. Carol Latto of Chiropractic Plus said "I employed one of the students I met at the event, and am delighted with her, so thank you very much."

To register your interest please email marketing@aecc.ac.uk

ECU FRIDAY DRINKS RECEPTION

The ECU conference will take place from the 28th to the 31st May 2014. For those planning to attend, the AECC will again be hosting a drinks reception in conjunction with the EAC on the Friday evening. Come along and get an update from the Principal and tell us what you are doing. For more information contact marketing@aecc.ac.uk.

TAM CLUB

TREATMENT A MONTH CLUB

The TAM (Treatment a Month) Club was started in 1999, and since then has raised over £240,000 in support of chiropractic education, research and student facilities at the AECC. Specifically, it has enabled us to support a number of PhD students, obtain specialised equipment necessary to conduct research projects, contribute towards the equipment of clinical rooms and skills labs, and to facilitate students scholarships and awards.

With the recent changes to the public funding of higher education in the UK, contributions from members of the profession, such as those received via the TAM Club, can go a long way to help us to further advance chiropractic education, clinical training and research.

If you were a member of TAM previously and would like to re-join, I would be delighted to welcome you back to the fold. Equally so, should you be joining for the first time you are more than welcome as a new member. Please do not hesitate to contact me for further details.

Without the support of the profession, and particularly dedicated clinicians like you, we would not be able to provide the future generation of chiropractors with the high standard of education that the profession demands and deserves.

- Haymo Thiel, Principal



JOIN THE TAM CLUB

To join the TAM club or to find out more email marketing on: marketing@aecc.ac.uk or call: 01202 436 340

TAM CLUB

We would like to thank the following people for their past and current contributions to the TAM club.

Aberdeen, David	McQuire, Barry
Aldred, Elaine Mary	McLaughlin, Liam
Antrobus, David	Kulyna, Henryk
Bailey, Michael	Lovell, Paul
Barnes-Heath, Darren	Mack-Smith, Steve
Bartlett, Helen	Martineau, Marc
Benepal, Jatinder	McElwain, Bridget
Blankenstein, Jan	Molloy, Rupert
Bramberg, Kenneth	Moos, Ida
Broome, Raymond	Morris, Emma
Brown, Diana	Morrison, Nicola
Byrgren-Thurston, Ann	Moshtael, Farid
Carpenter, Melanie	Nilsson, Ann-Brit
Carr, Andrew	Nothling, Ian
Carruthers, George	Pauc, Robin
Cashley, Marie	Payne, Louise
Cheung, Paul	Pedersen, Jonna
Coad, Simon	Pittam, Caragh
Cook, Richard	Porath, Mikael
Cooke, Elaine	Positive Health Ltd
Courtis, Giles	Reed, Ian
Dow, Jean	Reilly, Neil
Elkins, Pamela Ann	Revell, James
Fohlmann, Kenneth	Rousseau, James
Gough, Louise	Scofield Trust
Hamley, Matthew	Shervell, James
Hammond, Brian	Standish-Hayes, Quentin
Hardy, Sophie	Stenning, Richard
Harris, Paul	Tomes-Nicholson, Kathleen
Harvey, Daniel	Tomlin, William
Haslam, Kathryn	Tribe, Darry
Heale, Graham	Usher, Julia
Heseltine, Angus	Verwey, Franciscus
How, Carla	Vesela, Alzbeta
Howat, Jonathan	Vesely, Martin
Hulkkonen, Anneli	de Vries, Sigrid
Hurst, Hugh	Walker, Christopher
Hutchful, Timothy	Wieser, Rainer
Hutchinson, Ian	Wight, John
Jackson, Mark	Young, Phyllis
Krir, Janet	
Kristensen, Lone	

SPINE CENTRE

We recently caught up with Lisa Pendleton, Spine Centre Manager, who gave us a breakdown of a typical day for the Spine Centre team:



9:00 AM

Check emails and write my daily plan, all after a cup of tea of course... We then have a team brief and go through our actions for the day.

9:30 AM

The shop opens at 9:30am and typically our first customers are our students, they tend to pop in for stationery or an item for one of their lectures such as tape or massage oil.

10.30 AM

At around 10:30am we get all of our web orders ready to send out, we also use this opportunity to check our stock orders.

We have a great working relationship with all of our suppliers so if we do need any new stock all it takes is a quick phone call and our items are normally delivered within 1-2 days.

12.00 PM

At around midday we get all of our orders packaged up and ready to send out to our customers. All of our packages are either sent via college reception or our courier; the method of postage depends upon the size of the package. Anything over 2kg is sent via our courier as next day delivery which we find to be very reliable for our customers.

2.00 PM

During the afternoon we make sure the shop is tidied, all recycling and rubbish is taken out. We also start working on any new promotions we may have for the coming week in the shop, on the website or on our eBay shop.

We have also been working on ideas for our shop re-refresh, this will be happening after the summer months. We are all excited and look forward to brightening the shop up a bit!

4.30 PM

The end of a busy day - the shop closes and we use this time to get ready for what tomorrow may bring.

LATEST OFFERS AT THE SPINE CENTRE

The Trigger Point Hammer (TPH) is a small handheld clinical percussion hammer. It comes in a set of three different instruments with different therapeutics tips. The tips will lock on to the adjusting rod of the TPH and let the user manually adjust bones.

Was: £255 NOW: £199



These Myofascial Blades were developed by AECC faculty members who have years of experience with a wide range of

techniques, from using hands to instruments. The set includes two surgical grade stainless steel instruments which can be used to treat almost any surface and contour. The two tools have bevelled convex and concave treatment surfaces and come in a compact nylon holder.

Was: £250 NOW: £210



Don't Forget:

All alumni are entitled to a 10% discount on all Spine Centre products

**You can order online:
aecc-spinecentre.co.uk**

call us on:

01202 436 236

or email

spine.centre@aecc.ac.uk

CPD CALENDAR & NEWS

MSc ADVANCED PROFESSIONAL PRACTICE

MSc APP (PAEDIATRIC MUSCULOSKELETAL HEALTH)

This programme is open to all healthcare professionals with an interest in health in the paediatric population, epidemiology including risk factors, and public health issues including nutrition and physical activity.

MSc APP (MUSCULOSKELETAL REHABILITATION)

Develop advanced clinical and practical skills in this specialised area of musculoskeletal rehabilitation. This course sees some of the great names in the field teaching their speciality.

MSc APP (SPORTS AND REHABILITATION)

This course is a sister course to the MSc MSK Rehabilitation. It gives the opportunity to follow specialised interests in sports injuries, nutrition, sports psychology, rehabilitation or clinical practice.

MSc APP (ORTHOPAEDICS)

Develop as an advanced practitioner by following specialist interests within orthopaedic practice, utilising experiential learning and reflective practice.

MSc MEDICAL ULTRASOUND

The MSc Medical Ultrasound, has been developed to support professional development for healthcare professions including radiographers, physiotherapists, chiropractors, podiatrists, nurses, midwives and doctors to attain the skills of CPD development, experiential learning and reflective practice, and to develop advanced clinical and practical skills in ultrasound practice.

Please note: The above CPD seminars are just a selection of those taking place in the next few months. Please see our website for more information (details below).

For further information on any of our seminars or courses, or to download a booking form please visit:
aecc.ac.uk/cpd-and-postgraduate

or contact the CPD Administrator
cpd@aecc.ac.uk
 01202 436237

For MSc enquiries email
mssc@aecc.ac.uk

SEMINAR	SPEAKER	DATE
JANUARY 2014		
Clinical Audit Made Easy	J Bolton, M Browning	18 Jan
Paediatric Musculoskeletal Health - A day in the infant clinic (Netherlands)	Joyce Miller (other seminars available)	17-18 Jan
FEBRUARY 2014		
Evidence-based Clinical Practice	J Bolton, P Miller, A Jones-Harris	13-16 Feb
Building the Ultimate Back	Stuart McGill	22-23 Feb
MARCH 2014		
Rocktape - Fascial Movement Taping 1	Paul Coker	8 March
Intermediate Dry Needling	John Reynolds	22 March
Clinical Whiplash & Neck Pain	Christian Worsfold	22-23 March
Musculoskeletal Health in the Pre-School Child	J Miller, M Browning and guests	22-23 March
Lumbo Pelvic Pain: Mechanisms and Evidence Based Diagnosis and Treatment	Andry Vleeming	28-30 March
APRIL 2014		
McKenzie Institute Course D	John Thompson	3-6 April
Hosted at AECC "International Academy of Veterinary Chiropractic" - various dates	IAVC www.i-a-v-c.com	Starting 30 April - 4 May
MAY 2014		
Functional and Kinetic Treatment with Rehab Concepts (FAKTR)	Tom Hyde	10-11 May
The Shoulder: Theory and Practice	Jeremy Lewis	10-11 May
Introduction to Dry Needling	John Reynolds	10-11 May
Rehabilitation of Temporomandibular and Cervico-thoracic Disorders	James George	17-18 May
JUNE 2014		
Rocktape - Fascial Movement Taping 2	Paul Coker	28 June

PRIMARY SPINE CARE SHORT COURSE

In November, the AECC was pleased to welcome Dr Donald Murphy, the Clinical Director of Rhode Island Spine Centre, to deliver an interesting seminar on Lumbar Radiculopathy. Dr Murphy is developing a certificated short course for the Primary Spine Practitioner and we are working with him to bring this course to AECC starting in November 2014.

BUILDING THE ULTIMATE BACK

Professor Stuart McGill will be returning to the AECC in February 2014 for an extended two-day seminar and workshop. Places will be limited for this seminar due to the practical workshop elements so early booking is recommended.



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ANGLO-EUROPEAN
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ABOUT THE AECC

The Anglo-European College of Chiropractic is a renowned higher education institution providing education and clinical training in the fields of chiropractic and other healthcare subject areas, at both undergraduate and postgraduate levels. It is based in the beautiful and bustling town of Bournemouth.